

Charity Eugair, MA - Psychotherapist

1 Scale Avenue, The Howe Center, Building 18, Suite 302, Rutland VT, 05701 (802)417-4086 charity@phasesofchange.com

Rates & Payment for Services

- I accept Vermont Medicaid health insurance. For those without this coverage, I offer self-pay rates on a sliding scale as outlined below.
- If you have an HSA as part of your insurance plan you can use those funds to pay for services.
- Accessibility of Services Policy: For individuals with a household income under 100k, I will reduce my rate by 10% for every 10k increment under this guideline, up to a reduction of 40%.
- An additional reduction is offered when paying for blocks of 6 sessions.
- Sessions are available in 1-hour and 90-minute timeframes and can be scheduled weekly, bi-weekly or monthly.

| Tier | Annual Combined Household Income | Hourly Rate | Block of 6 Total | Block of 6 (per visit) | 90 Minute Rate | Block of 6 Total | Block of 6 (per visit) |
|------|-------------------------------------|----------------|---------------------|---------------------------|----------------------|---------------------|---------------------------|
| 1 | 100k+ | 120 | 648 | 108 | 150 | 810 | 135 |
| 2 | 90-100k | 108 | 583 | 97 | 138 | 745 | 124 |
| 3 | 80-90k | 96 | 518 | 86 | 126 | 680 | 113 |
| 4 | 70-80k | 84 | 454 | 76 | 114 | 616 | 103 |
| 5 | 60-70k | 72 | 389 | 65 | 102 | 551 | 92 |

If your income is below that of tier 5 above, but you do not qualify for Medicaid, please contact me to discuss what may be possible for services through me or referrals to accessible mental health care.

Payment is due at or prior to the time of service.

Payment methods accepted include personal check, cash and all major credit cards.

If paying by check, please make the note payable to 'Charity Eugair'.

Please contact me with any questions.